

ORIGINAL ARTICLE / ОРИГИНАЛНИ РАД

# In-hospital mortality predictors after surgery for Stanford type A aortic dissection – single-center five-year experience

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## SUMMARY

**Introduction/Objective** Stanford type A aortic dissection is a surgical emergency associated with high mortality.

The aim of this study was to determine which group of patients and which characteristics were associated with postoperative, in-hospital mortality.

**Methods** The retrospective study included 116 patients with type A aortic dissection surgically treated over a five-year period. The association between postoperative, in-hospital mortality and patient characteristics was examined.

**Results** Total postoperative, in-hospital mortality was 22.4% (26 out of 116 patients). The variables that, after a multivariate analysis, showed a direct correlation with mortality were as follows: admission creatinine value [OR 1.026 (1.006–1.046),  $p = 0.009$ ], C-reactive protein (CRP)  $> 10$  mg/L [OR 4.764 (1.066–21.283),  $p = 0.041$ ], and stroke [OR 6.097 (1.399–26.570),  $p = 0.016$ ]. The receiver operating characteristic (ROC) curve showed that creatinine could be a good predictor of mortality (area under the ROC curve = 0.767;  $p < 0.0005$ ). The cut-off point was 124.5  $\mu\text{mol/L}$ . The sensitivity was 65% and the specificity was 80%. The cut-off point for CRP was 14.5 mg/L – sensitivity 71.4%, specificity 75% (area under the ROC curve = 0.702,  $p = 0.021$ ).

**Conclusion** Surgery for type A aortic dissection is still associated with relatively high mortality. A lower chance of survival may be indicated by elevated admission creatinine and CRP values, as well as stroke.

**Keywords:** aorta; dissection; mortality; creatinine; CRP; stroke

## INTRODUCTION

Aortic dissection is the most common aortic emergency disease, which classically presents with excruciating chest pain, frequently radiating to the back. Type A aortic dissection (TAAD) is a dissection that involves the ascending aorta or the entire aorta down to iliac arteries. It occurs when the intima of the aorta becomes compromised and ruptures (intimal tear or entry) creating a new lumen that fills with blood between the intima and the media. This false lumen is often larger than the true lumen. The incidence of aortic dissection is 3.5 cases per 100,000 person years [1]. With an unknown number of patients dying before hospitalization, the true prevalence is likely greater. In the first 24–48 hours, mortality is estimated to increase by 1–2% per hour from the onset of symptoms [2, 3]. It is of paramount importance to diagnose this condition as soon as possible and to transfer the patient into the facility capable of performing emergent surgical treatment [4, 5]. Despite rapid diagnosis, improvements in surgical technique and better perioperative and postoperative treatment,

the mortality of surgically treated patients is still high and varies between 17.4% and 33.4% [3, 5, 6, 7]. However, compared to the previous period, the survival trend is certainly better [3].

The aim of this study was to determine in-hospital mortality in patients who underwent surgery at our institution and identify patient characteristics that could indicate a less favorable patient outcome and thus alert clinicians to high-risk patients.

## METHODS

### Study population and data collection

This retrospective single-center study included 116 patients with TAAD, who were admitted and operated on at the Institute of Cardiovascular Diseases of Vojvodina in Sremska Kamenica, from January 1, 2014 to December 31, 2018. The study was done in accord with standards of the institutional committee on ethics. Upon initial diagnosis established by echocardiography, the final diagnosis was confirmed by computed tomography (CT) – aortography. TAAD was

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defined, according to the Stanford classification, as involving the ascending aorta and/or aortic arch, progressing distally towards the descending thoracic aorta.

Patients were divided into two groups, depending on the outcome after surgery: the survivors and non-survivors. Postoperative, in-hospital mortality refers to a fatal outcome occurring after the surgery and during hospitalization, regardless of its length. The following patient characteristics and comorbidities were monitored: years of age, sex, body weight, height, body mass index (BMI), hypertension, hyperlipoproteinemia, diabetes, previous cerebrovascular accident, chronic obstructive pulmonary disease, chronic kidney disease, smoking.

Of particular importance was the monitoring of preoperative values of the following parameters: systolic arterial pressure, diastolic arterial pressure, heart rate, hemoglobin, white blood cells, neutrophils, lymphocytes, neutrophil to lymphocyte ratio (NLR), eosinophils, platelets, fibrinogen, glycemia, creatinine, and C-reactive protein (CRP). All laboratory analyses were performed immediately upon admission. The values of ejection fraction, the presence of aortic insufficiency, pericardial and pleural effusion, diameter of the ascending aorta, involvement of the supra-aortic branches, presence of stroke, acute kidney injury (AKI), and mesenteric ischemia were monitored. Intraoperative variables were also monitored: cross clamp time and cardiopulmonary bypass (CPB) time. We also compared the type of surgery, the use of deep hypothermic circulatory arrest (DHCA), the incidence of re-exploration for bleeding, the intensive care unit stay, and the total length of hospitalization.

### Operative procedures

All the patients were operated on in general balanced anesthesia. Perioperative and postoperative monitoring included continuous arterial and central venous pressure measurement, electrocardiography, oxygen saturation (pulse oximetry), body temperature measured in the nasopharynx, diuresis. Arterial blood gas analyses were performed intermittently.

Surgery was performed via median sternotomy, using CPB, in moderate hypothermia or DHCA. CPB was established by arterial cannulation of the femoral or right axillary artery and venous cannulation of the right atrium after systemic heparinization (300 U/kg body weight and maintenance of an activated clotting time of longer than 480 seconds). Antegrade cold crystalloid (St Thomas' Hospital) cardioplegia or cold blood cardioplegia was used for myocardial protection. Depending on the pathological

**Table 1.** Demographic, anthropometric characteristics and comorbidities

Parameter	Total	Survivors	Non-survivors	p
Patients n (%)	116 (100)	90 (77.6)	26 (22.4)	
Male n (%)	66 (56.9)	49 (74.2)	17 (25.8)	0.374
Female n (%)	50 (43.1)	41 (82)	9 (18)	
Age (years)				
Mean ± SD	60.8 ± 11.6	58.9 ± 11.5	67.5 ± 9.5	<b>0.001</b>
Range	25–87			
> 65 years n (%)	47 (40.5)	29 (61.7)	18 (38.3)	<b>0.001</b>
< 65 years n (%)	69 (59.5)	61 (88.4)	8 (11.6)	
Weight (kg) mean ± SD	80.3 ± 14.4	80 ± 14.4	81.3 ± 14.9	0.700
Height (cm) mean ± SD	173.5 ± 9.4	173.8 ± 9.6	172.6 ± 9.1	0.595
BMI (kg/m <sup>2</sup> ) mean ± SD	26.6 ± 3.6	26.4 ± 3.6	27.1 ± 3.7	0.383
Hypertension n (%)	79 (68.1)	62 (68.9)	17 (65.4)	0.812
Hyperlipoproteinemia n (%)	9 (7.8)	8 (8.9)	1 (3.8)	0.681
Diabetes mellitus n (%)	6 (5.2)	4 (4.4)	2 (7.7)	0.615
History of cerebrovascular accident n (%)	8 (6.9)	8 (8.9)	0 (0)	0.196
Chronic obstructive pulmonary disease n (%)	4 (3.4)	0 (0)	4 (15.4)	0.002
Chronic kidney disease n (%)	5 (4.3)	4 (4.4)	1 (3.8)	1.000
Smokers n (%)	32 (27.6)	26 (28.9)	6 (23.1)	0.627

BMI – body mass index; values in bold are statistically significant

process, we performed tubular graft interposition of the ascending aorta with or without commissural resuspension, tubular graft interposition with aortic valve replacement, interposition of the composite valve graft with implantation of the coronary arteries (Bentall procedure) or hemiarch technique.

### Statistical analysis

Descriptive statistics measures were used: arithmetic mean, standard deviation, median, quartiles, frequencies and percentages. A t-test for independent samples and a Mann–Whitney test were used to compare the mean values of the variables of the two populations. The correlation of categorical variables was examined using the  $\chi^2$  test for contingency tables or using the Fisher test. The influence of variables on the treatment outcome was determined using univariate and multivariate binary logistic analysis. The predictive quality of the variables on the outcome was evaluated using receiver operating characteristics (ROC) curves. A  $p < 0.05$  value was taken for statistical significance of the test. Statistical analysis was performed using IBM SPSS Statistics for Windows, Version 19.0 (IBM Corp., Armonk, NY, USA).

### RESULTS

A total of 116 patients who underwent TAAD surgery were included in the study. Total postoperative, in-hospital mortality was 22.4% (26 out of 116). The demographic, anthropometric characteristics and comorbidities of the patients are shown in Table 1. The mean age of the patients was  $60.8 \pm 11.6$  years and 56.9% of patients were male. The youngest patient was 25, while the oldest was 87 years old. Arterial hypertension was presented in 68.1% patients. Other comorbidities were present in a much smaller percentage.

**Table 2.** Clinical characteristics

Characteristics	Survivors	Non-survivors	p
<b>Hemodynamic parameters at admission</b>			
Systolic arterial pressure (mmHg)	131.6 ± 35.9	127.9 ± 34.2	0.630
Diastolic arterial pressure (mmHg)	73.8 ± 17.8	72.5 ± 17.3	0.739
Heart rate (beats per minute)	77.3 ± 16.8	79.7 ± 23.2	0.560
<b>Laboratory data at admission</b>			
Hemoglobin (g/L)	123.7 ± 22.1	116.9 ± 23.5	0.213
White blood cells (× 10 <sup>9</sup> /L)	12.2 ± 5.4	11.1 ± 3.7	0.384
Neutrophils (%) median (interquartile range)	76.6 (66.9, 83.9)	81.6 (72.4, 85.2)	0.465
Lymphocytes (%)	14.8 ± 8.7	14.4 ± 11.9	0.840
Neutrophils/lymphocytes	7.5 ± 4.9	8.5 ± 4.8	0.398
Eosinophils (%) median (interquartile range)	1.1 (0.4, 1.6)	0.95 (0.3, 1)	0.369
Platelets (× 10 <sup>9</sup> /L)	190.5 ± 73.2	189.1 ± 77.9	0.941
Fibrinogen (g/L) median (interquartile range)	2.6 (2, 3.6)	2.4 (1.7, 3.5)	0.490
Glycaemia (mmol/L) median (interquartile range)	6.7 (5.8, 8)	7.3 (6.7, 9.2)	0.128
Creatinine (μmol/L) median (interquartile range)	92.5 (81.5, 110)	148 (114, 164)	<b>&lt; 0.0005</b>
Creatinine > 120 μmol/L n (%)	16 (17.8)	13 (50)	<b>0.001</b>
Creatinine < 120 μmol/L n (%)	74 (82.2)	13 (50)	
C-reactive protein (mg/L) median (interquartile range)	4.0 (3.5, 7.5)	38 (21, 106)	<b>0.020</b>
C-reactive protein > 10 mg/L n (%)	14 (15.6)	10 (38.5)	<b>0.024</b>
C-reactive protein < 10 mg/L n (%)	76 (84.4)	16 (61.5)	
<b>Other clinical characteristics</b>			
Ejection fraction (%) mean ± SD	58.5 ± 5.9	57.1 ± 7.4	0.376
Aortic insufficiency n (%)	48 (53.3)	13 (50)	1.000
Ascending aortic diameter (mm) mean ± SD	54 ± 12.1	56.6 ± 8.7	0.339
Involvement of the supra-aortic branches n (%)	35 (38.9)	11 (42.3)	0.285
Pericardial effusion n (%)	35 (38.9)	15 (57.7)	0.151
Pleural effusion n (%)	38 (42.2)	14 (53.8)	0.341
Acute kidney injury n (%)	25 (27.8)	9 (34.6)	0.625
Mesenteric ischemia n (%)	1 (1.1)	2 (7.7)	0.128
Stroke n (%)	17 (18.9)	13 (50)	<b>0.004</b>
Re-exploration for bleeding n (%)	21 (23.3)	9 (34.6)	0.309
Intensive care unit stay (days) median (interquartile range)	5 (3, 8)	4.5 (0, 8)	0.234
Hospital stay (days) median (interquartile range)	20 (13, 28)	10 (1, 44)	0.116

Values in bold are statistically significant

**Table 3.** Type of surgery and intraoperative data

Type of surgery	Survivors	Non-survivors	p
Tubular graft interposition of ascending aorta n (%)	58 (64.5)	9 (34.6)	<b>0.012</b>
Tubular graft interposition of ascending aorta and aortic valve replacement n (%)	9 (10)	1 (3.9)	0.453
Tubular graft interposition of ascending aorta with commissural resuspension n (%)	9 (10)	2 (7.7)	1.000
Bentall procedure n (%)	8 (8.9)	5 (19.2)	0.163
Hemiarch n (%)	4 (4.4)	4 (15.4)	0.074
Tubular graft interposition of ascending aorta + CABG n (%)	2 (2.2)	2 (7.7)	0.217
Inability to reconstruct the aorta n (%)	0 (0)	3 (11.5)	<b>0.010</b>
<b>Intraoperative data</b>			
Cross clamp time (min.) median (interquartile range)	107 (75, 123)	108 (83, 150)	0.160
CPB time (min) mean ± SD	122.5 ± 42.7	152 ± 57.2	<b>0.009</b>
DHCA n (%)	5 (5.6)	5 (19.2)	<b>0.044</b>

CABG – coronary artery bypass grafting; CPB – cardiopulmonary bypass; DHCA – deep hypothermic circulatory arrest; values in bold are statistically significant

The non-survivors were, on average, older than the survivors (67.5 ± 9.5 vs. 58.9 ± 11.5, p = 0.001). There were 47 patients older than 65 years (40.5%) and 18 (38.3%) did not survive in this group, while in 69 patients younger than 65 years (59.5%), 8 (11.6%) did not survive (p = 0.001). Out of 66 male patients, 17 died, while out of 50 women patients, nine died (p = 0.374). The two groups did not differ significantly in weight, height, BMI, and comorbidities, except in the presence of chronic obstructive pulmonary disease, which was higher in the non-survivor group (p = 0.002).

Hemodynamic parameters at admission, blood count parameters, fibrinogen values, and glycaemia did not differ significantly (Table 2). However, the admission creatinine values were significantly higher in non-survivors (148 vs. 92.5, p < 0.0005) as well as CRP values (38.0 vs. 4.0, p = 0.020); 87 patients had creatinine < 120 μmol/L, 13 of whom died, while 29 patients had creatinine > 120 μmol/L, 13 of whom died (p = 0.001). Twenty-four patients had a CRP > 10 mg/L, 10 of whom died (p = 0.024). When comparing the remaining parameters in Table 2, the groups differed significantly in the presence of stroke, which was more present in the non-survivor group (p = 0.004).

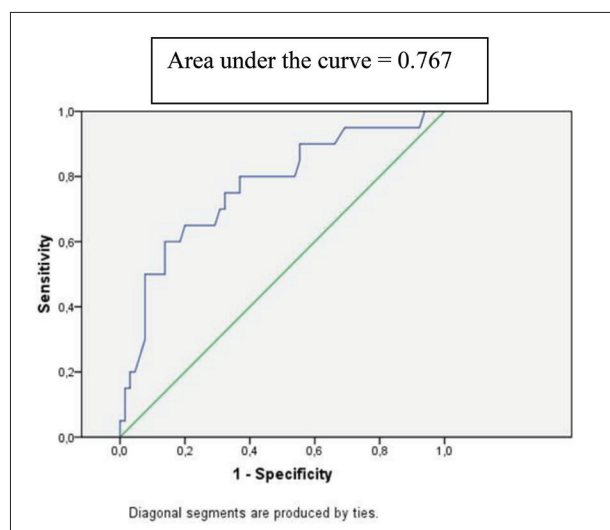
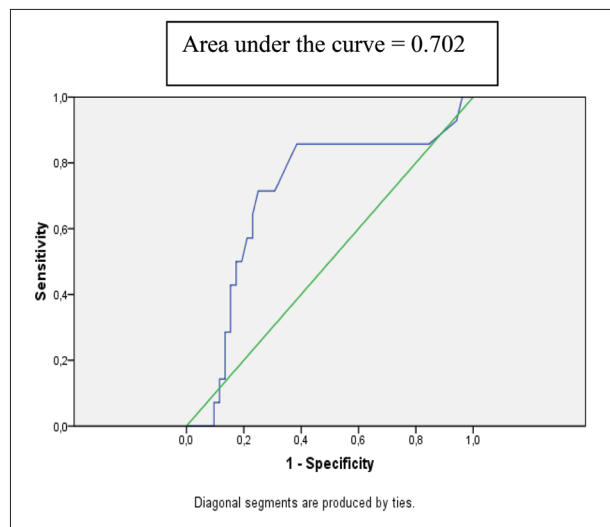
Survivors had a significantly higher percentage of tubular graft interposition of ascending aorta (p = 0.012), while non-survivors had a higher percentage of more complicated procedures (Bentall procedure, hemiarch), but did not differ significantly (Table 3). CPB duration was significantly longer in the non-survivor patient group (p = 0.009). Also, surgical work in DHCA was significantly more common in non-survivors (p = 0.044).

Univariate analysis indicated that age > 65 years, admission creatinine and CRP value, CPB time, DHCA, and stroke were associated with in-hospital mortality. These variables were included in the multivariate analysis, which designated the following parameters as

**Table 4.** Results of univariate and multivariate analysis of predictors of in-hospital mortality

Variable	Univariate		Multivariate	
	Odds ratio (95% CI)	p	Odds ratio (95% CI)	p
> 65 years	4.733 (1.843–12.151)	0.001	/	ns
Creatinine	1.021 (1.007–1.034)	0.002	1.026 (1.006–1.046)	0.009
Creatinine > 120 $\mu\text{mol/L}$	4.625 (1.807–11.836)	0.001	/	ns
CRP > 10 mg/L	3.393 (1.281–8.988)	0.014	4.764 (1.066–21.283)	0.041
CPB time	1.012 (1.002–1.022)	0.014	/	ns
DHCA	4.048 (1.072–15.280)	0.039	/	ns
Stroke	4.235 (1.666–10.766)	0.002	6.097 (1.399–26.570)	0.016

ns – non significant; CRP – C-reactive protein; CPB – cardiopulmonary bypass; DHCA – deep hypothermic circulatory arrest

**Figure 1.** The receiver operating characteristics curve of admission creatinine level**Figure 2.** The receiver operating characteristics curve of admission C-reactive protein level

independent in-hospital mortality predictors: creatinine [OR 1.026 (1.006–1.046),  $p = 0.009$ ], CRP > 10 mg/L [OR 4.764 (1.066–21.283),  $p = 0.041$ ] and stroke [OR 6.097 (1.399–26.570),  $p = 0.016$ ] – Table 4.

The ROC curve analysis was performed to detect the best cut-off point for the admission creatinine and CRP

values in the prediction of in-hospital mortality. The cut-off point for creatinine was 124.5  $\mu\text{mol/L}$  (area under the ROC curve = 0.767;  $p < 0.0005$ ) (Figure 1). The sensitivity was 65% and the specificity 80%. The cut-off point for CRP was 14.5 mg/L – sensitivity 71.4%, specificity 75% (area under the ROC curve = 0.702,  $p = 0.021$ ) (Figure 2).

The time distribution and causes of in-hospital mortality are shown in Tables 5 and 6. *Mors in tabula* (30.8%), septic shock / multi-organ dysfunction syndrome (23.1%), and stroke (19.2%) were the most common causes of death.

## DISCUSSION

It is well known that TAAD is associated with a high mortality rate. The postoperative, in-hospital mortality in our patient group during a five-year observation period was 22.4%. A study conducted in our country, at another institution, a few years ago, showed that postoperative, in-hospital mortality was almost identical – 23.3% [8]. In large surgical registries, postoperative in-hospital mortality ranges 17.4–33.4% [3, 5, 6, 7]. Considering the fact that the mortality rate is about 57% after medical treatment, we can conclude that surgical emergency is a priority in the treatment of these patients [3].

Although it can occur in young people, especially in patients with connective tissue disorders such as Marfan syndrome, Loeys–Dietz syndrome, Ehler–Danlos syndrome, this disease is typical of the older population. Our study showed that the average age of patients was 60.8 years. Also, mortality is higher in the elderly population because of the higher prevalence of comorbidities in the elderly. Mortality in adults over 65 years was 38.3% vs. 11.6% in those under 65 years. According to the worldwide analysis, death more often occurs in the old and the highest mortality occurs at the age of more than 70 years old [3].

A higher percentage of men than women was affected by TAAD, which can be related to the greater prevalence of risk factors in men, such as hypertension, atherosclerosis, smoking. However, the difference in sex mortality has not been shown to be significant. Some previous studies have shown poorer outcome in female patients [3]. Delays in TAAD diagnosis occurring more often in female patients are probably the reason for the higher mortality [3].

The inflammatory mechanism plays an important role in the degeneration and reduction of smooth muscle cells leading to weakened blood vessels [9]. Neutrophils are a key factor in an inflammatory response and their percentage may be an indicator of the severity of the inflammatory response and a predictor of a fatal outcome [10]. Our study did not confirm the correlation between neutrophil percentage and a fatal outcome. Recently, NLR has been used as a predictor of mortality, most commonly in malignancies. It is determined by dividing the absolute neutrophil



**Table 5.** Time distribution of in-hospital mortality

Time	n (%)
<i>Mors in tabula</i>	8 (30.8)
< 7 days	3 (11.5)
7–30 days	6 (23.1)
> 30 days	9 (34.6)

**Table 6.** Cause of in-hospital mortality

Cause of death	n (%)
<i>Mors in tabula</i>	8 (30.8)
Septic shock / MODS	6 (23.1)
Stroke	5 (19.2)
Hypovolemic shock	3 (11.6)
Cardiogenic shock	2 (7.7)
Hepatorenal syndrome	1 (3.8)
Respiratory failure	1 (3.8)

MODS – multi-organ dysfunction syndrome

count by the absolute lymphocyte count. While the neutrophil count rapidly increases in conditions with heightened inflammation, the lymphocyte count is reduced and thus the NLR increases significantly. Karakoyun et al. [11] concluded that NLR may be a predictor of fatal outcome in TAAD. Their study was conducted on 37 patients and NLR > 8.51 demonstrated a sensitivity of 77% and specificity of 74% for the prediction of mortality. Our study, which included almost four times as many patients, showed no association between NLR and mortality.

CRP is a non-specific inflammatory marker but may be a predictor of a fatal outcome [6]. Vrsalovic et al. [12] indicated that CRP > 9.8 mg/L is a predictor of poor outcome. In our study, a multivariate analysis showed that admission CRP > 10 mg/L had a direct correlation with in-hospital mortality. Patients with a CRP > 10 mg/L were five times less likely to survive. CRP is produced in the liver, coronary plaques, myocardial infarcts, and aneurysmal tissue [13]. It appears possible that aortic tissue during dissection directly increases the production of CRP, relatively to the severity of the dissection.

In their study on the impact of fibrinogen levels on mortality, Liu et al. [14] found that low fibrinogen concentrations could predict poor outcome. TAAD itself activated the coagulation system before surgery. Excessive fibrinogen consumption leads to a procoagulant state and the formation of thrombus. If this procoagulant condition persists, it can lead to microvascular and macrovascular thrombotic complications, the development of disseminated intravascular coagulation, neurological damage and to an unfavorable outcome [15]. Our results showed no significant correlation between fibrinogen values at admission and mortality, although fibrinogen values were lower in the non-survivors.

AKI is a common complication after thoracic aortic surgery that occurs in up to 44% of patients with TAAD, and significantly increases in-hospital mortality [16, 17, 18]. The pathogenesis of AKI is multifactorial and the most significant are hemodynamic, inflammatory, metabolic factors [2, 19, 20]. Extension of the dissection may involve the renal artery, which may directly impair renal perfusion, thus resulting in AKI [21]. Early detection and prevention of AKI is a key imperative that may help improve patient outcomes [16]. Our study showed that elevated creatinine level at admission may be a good predictor of in-hospital mortality. Wu et al. [22] also concluded that elevated creatinine levels at admission were a good predictor of in-hospital mortality. They found that patients with elevated creatinine had a greater proportion of aortic arch or more

extensive aortic involvement, requiring more complicated surgery.

Two more recent studies examined and demonstrated the impact of poorer ejection fraction on postoperative, in-hospital mortality [23, 24]. Our patients did not differ in this parameter. Our study also did not show that aortic insufficiency and the ascending aortic diameter affect mortality, which is correlated with the study by Qiu et al. [25]. The presence of peri-

cardial effusion did not prove to be a predictor, as opposed to a study in which it proved statistically significant [26].

Regarding CPB time, Nozohoor et al. [7] showed that prolonged time directly affects the mortality of patients who underwent TAAD surgery. The duration of CPB is influenced by the type of surgery. Our results show that there were more complex surgical procedures in the group of non-survivors. It logically affects CPB time and in-hospital mortality. Univariate analysis showed that the length of the CPB affected mortality; however, this was not confirmed by multivariate analysis.

Stroke is one of the most common and severe complications of TAAD surgery, with an incidence of up to 30% in multiple studies [27]. This complication significantly affects the morbidity and mortality of patients. In our study, stroke proved to be an independent predictor of postoperative, in-hospital mortality. In-hospital mortality was observed in 43.3% of patients who had a stroke and in 15.1% of those who did not have this complication. Whether these strokes were due to embolic phenomena, dissection of the arch or distal intracranial vessels, or hypoperfusion at the time of surgery is not known. A study conducted by Ghoreishi et al. [27], on 7353 patients from 772 centers, found that stroke is an independent predictor of in-hospital mortality, and the independent risk factors for stroke were the following: femoral arterial cannulation, total arch replacement, longer CPB time, cerebral perfusion time, and total circulatory arrest time. They indicate that all types of hypothermic strategy, including mild, moderate, and deep, result in similar incidence of stroke postoperatively. Improving neuroprotective techniques during circulatory arrest is a leading topic in recent studies. Ghoreishi et al. [27] found that retrograde cerebral perfusion was associated with significantly reduced risk for stroke compared to no cerebral perfusion or antegrade cerebral perfusion. A group of authors from Serbia examined the clinical outcomes of two different surgical techniques: open distal anastomosis in hypothermic circulatory arrest compared to anastomosis with clamped aorta while continuing on extracorporeal circulation [28]. This prospective, randomized study showed that there was no difference in in-hospital mortality between the groups, nor in the *de novo* resulting neurological deficits.

This study had some limitations. It is a single center, retrospective study and the number of patients studied is limited. The etiology of TAAD in most patients wasn't investigated so the presence of pre-existing aortic pathologies was unknown. Due to insufficient data, we were unable to

include in the analysis the time from the onset of symptoms to surgery, which affects mortality.

## CONCLUSION

Despite easier and more accessible diagnostics, advanced surgical techniques and better postoperative treatment,

TAAD surgery carries a high risk of mortality. Variables suggestive of poor outcome following the surgery are elevated admission creatinine and CRP values, and stroke. These are variables that should alert the clinician to high-risk patients and contribute to lower mortality rates after this serious disease.

**Conflict of interest:** None declared.

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## Претказатељи интрахоспиталне смртности после хируршког лечења аортне дисекције типа Станфорд А – петогодишње искуство једног центра

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### САЖЕТАК

**Увод/Циљ** Аортна дисекција типа Станфорд А хитно је хируршко стање удружено са високом смртношћу.

Циљ ове студије је био да утврди која је група оперисаних болесника повезана са постоперативном, интрахоспиталном смртношћу и које су њене карактеристике.

**Методe** Ретроспективна студија је обухватила 116 болесника са акутном аортном дисекцијом типа А, оперисаних у петогодишњем периоду. Испитивана је повезаност између постоперативне, интрахоспиталне смртности и карактеристика болесника.

**Резултати** Укупна интрахоспитална смртност је износила 22,4%. Варијабле које су, после мултиваријантне анализе, показале директну корелацију са смртношћу су: креатинин на пријему ( $OR\ 1,026\ [1,006-1,046],\ p = 0,009$ ), C-реактивни

протеин ( $CRP$ )  $> 10\ mg/L$  ( $OR\ 4,764\ [1,066-21,283],\ p = 0,041$ ) и мождани удар ( $OR\ 6,097\ [1,399-26,570],\ p = 0,016$ ).  $ROC$  крива је показала да креатинин може бити добар претказатељ за смртност (површина испод  $ROC$  криве =  $0,767$ ;  $p < 0,0005$ ). Гранична вредност је  $124,5\ \mu mol/L$ . Сензитивност је 65%, а специфичност је 80%. Гранична вредност за  $CRP$  је  $14,5\ mg/L$  – сензитивност 71,4%, специфичност 75% (површина испод  $ROC$  криве =  $0,702$ ,  $n = 0,021$ ).

**Закључак** Хируршко лечење акутне аортне дисекције типа А је и даље повезано са релативно високом смртношћу. На мању шансу за преживљавање могу указати повишене вредности креатинина и  $CRP$ -а на пријему, као и мождани удар.

**Кључне речи:** аорта; дисекција; смртност; креатинин;  $CRP$ ; мождани удар