Iatrogenic Kaposi’s sarcoma following immunosuppressive treatment of the recurrent longitudinally extensive transverse myelitis

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SUMMARY
Introduction Iatrogenic Kaposi’s sarcoma (KS) represents a multifocal, angioproliferative tumor that develops in patients undergoing immunosuppressive treatment and is considered to be induced by activation of latent human herpes virus type 8 (HHV8) infection. The aim of this report is to present a patient with iatrogenic KS due to immunosuppressive treatment.

Case outline We present a 69-year-old male non-HIV patient, previously treated for anti-aquaporin-4 antibody negative recurrent longitudinal extensive transverse myelitis with prednisolone and azathioprine for one year. The patient developed bluish and violet plaques and nodules on his face, trunk, and extremities. Skin biopsy findings (histopathology and immunohistochemical detection of CD31 expression and anti-HHV8 antibodies in the spindle cells) confirmed the diagnosis of KS. The reduction of immunosuppression and topical treatment with imiquimod resulted in a partial but significant regression of skin lesions, but the patient had another relapse of myelitis following the cessation of azathioprine and a reduction in the dose of prednisolone.

Conclusion To the best of our knowledge, this is the first case of an inflammatory and demyelinating central nervous system disease treated with corticosteroids and azathioprine that was associated with iatrogenic KS. The efficient treatment of both conditions is highly challenging and can be troublesome in specific cases.

Keywords: Kaposi’s sarcoma; longitudinally extensive transverse myelitis, immunosuppression; human herpes virus 8; imiquimod

INTRODUCTION
Kaposi’s sarcoma (KS) represents a multifocal, angioproliferative tumor that is currently recognized in four different clinical types: classical, endemic in Africa, epidemic associated with Acquired Immune Deficiency Syndrome, and iatrogenic. Iatrogenic KS develops in patients undergoing immunosuppressive treatment and is considered to be induced by activating the latent human herpes virus type 8 (HHV8) infection [1, 2].

The aim of this report is to present a patient with iatrogenic KS due to immunosuppressive treatment.

CASE REPORT
We describe a 69-year-old man who developed multiple KSs on his face, trunk, and extremities following long-term immunosuppressive therapy for recurrent longitudinally extensive transverse myelitis (LETM).

The patient was admitted to our dermatology department with multiple violaceous plaques and nodules, some of which were ulcerated. The lesions were present on his face, neck, and trunk (Figure 1 A and B). During the previous one-year period, the patient was treated by a neurologist for a recurrent, anti-aquaporin-4 antibody negative LETM, affecting six vertebral segments on the thoracic spinal cord, with no clinical or subclinical signs of optic nerve or brain involvement. As part of the neurological work-up, neurosarcoidosis, systemic autoimmunity, and paraneoplastic conditions were considered, but could not have been confirmed. The patient was also tested negative for syphilis, Borrelia burgdorferi, hepatitis B virus, hepatitis C virus, and human immunodeficiency virus (HIV). Cerebrospinal fluid tests for herpes simplex virus type I and II, varicella zoster virus and cytomegalovirus were also negative, while tests for human T-lymphotropic virus type I or II could not have been performed due to technical limitations. Prior to the skin lesion eruption, the patient had had five attacks of myelitis over a period of three years. At his first myelitis attack, the patient was treated with high-dose methylprednisolone (1,000 mg/day) for five days, intravenously, followed by oral steroid taper. However, a reduction in the maintenance dose of prednisolone below 30 mg/day was always associated with a relapse of myelitis and therefore azathioprine was introduced as
steroid-sparing agent. Prior to the first skin eruption, the patient had been treated with azathioprine in addition to corticosteroids for one year. At the time of skin lesion eruption, the patient received oral prednisolone (50 mg/day) in addition to azathioprine (2.5 mg/kg/day).

Digital dermoscopy revealed a vascular lesion consisting of homogenous whitish and reddish formations and multiple telangiectasia. Histopathological analysis of the skin biopsy showed multiplied and dilated vascular formations comprised of spindle cells with numerous extravagated erythrocytes and siderophages, admixed with lymphocytes and eosinophils. Additional immunohistochemistry analysis revealed high intensity expression of CD31 and HHV8 nuclear antigen in the spindle cells (Figure 2). The tests for HIV infection were repeated (both anti-HIV antibodies and tests for HIV antigens) and were consistently negative.

Considering the diagnosis of widespread KS, the neurologist ceased azathioprine administration and tapered the dose of prednisolone to a daily dose of 30 mg. The patient was additionally treated with topical 5% imiquimod cream for five months and partial regression of skin lesions occurred.

However, the reduction in immunosuppression resulted in another severe relapse of myelitis and high-dose methylprednisolone treatment (1,000 mg/day over five days) was reintroduced, followed by oral prednisolone in a daily dose of 1 mg/kg. Unfortunately, this treatment was complicated by Salmonella enteritidis sepsis and disseminated intravascular coagulation (DIC) syndrome. During the treatment of sepsis and DIC as life-threatening conditions, the steroid treatment was temporarily stopped for one month, and after the resolution of both sepsis and DIC, it was again introduced in the dose of 20 mg / alternate days of prednisolone. During the immunosuppression-free period, KS lesions resolved almost completely (Figure 1C), but his neurological condition further worsened to the level of spastic paraplegia.

**DISCUSSION**

To the best of our knowledge, this is the first case of an inflammatory and demyelinating disease of the central nervous system associated with iatrogenic KS treated with corticosteroids and azathioprine.

To date, the majority of cases of iatrogenic KS were described as developing after one year of immunosuppressive therapy with steroids, cyclosporine or azathioprine [3]. There are only two cases of iatrogenic KS induced by immunosuppression in a neurological disease [4, 5]. In both of these cases, the immunosuppressant agent was suspended, with partial regression of KS lesions in one case [5], and a total regression after an additional local radiotherapy in the other [4]. The main therapy protocol in iatrogenic KS is the discontinuation of the culprit immunosuppressive agent since it has been demonstrated that a re-activation of the latent HHV8 infection, which can be induced by immunosuppression, is essential for the onset of all KS forms [6]. In our patient, KS lesions partially resolved following the reduction in immunosuppressive therapy and almost completely resolved following a temporary discontinuation of steroids during the severe life-threatening infection.

Kotter et al. [7] reported a promising result of treating KS with interferon-alpha (IFN-α) in a patient with Behçet’s disease who developed this malignancy (skin, mucosa, and pulmonary lesions) after a long-term triple immunosuppressive therapy with prednisolone, cyclosporine A, and...
azathioprine. Although we also considered treatment with IFN-α alpha in our patient, we did not introduce such a therapy since off-label treatment with IFN-α was not available in our country. Additionally, type-I interferons might potentially induce worsening of neuromyelitis optica (NMO) patients [8]. Although our patient was anti-aquaporin-4 antibody negative, and since we have not identified any other neurological condition that might be associated with recurrent LETM, we initially considered this patient to have neuromyelitis optica spectrum disease according to the definition of Wingerchuk et al. [9]. However, the clinical presentation of the recurrent LETM would not meet the latest neuromyelitis optica spectrum disease diagnostic criteria [10]. Another treatment option in our patient was local radiotherapy, which had to be disregarded considering the large number and dissemination of KS lesions.

To the best of our knowledge, we here present the first case of an inflammatory and demyelinating disease of the central nervous system associated with iatrogenic KS presenting with typical course followed by the resolution after the complete withdrawal of immunosuppressive drugs. The efficient treatment of both conditions is highly challenging and can be troublesome in specific cases. Since there are no unequivocal treatment guidelines for cases when a disease needed to be treated with immunosuppressants is associated with a disorder caused by immunosuppressants, there is always a necessity to balance the seesaw in order to offer the best possible treatment.

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